Science and Hindu



Madhuri Bapat

Eastern Arizona College, Thatcher, AZ, 85552

July 29, 2014

AAPT Conference at

University of Minnesota, Minneapolis.

lederman and Democrite/ Just don't interrupt me with tedious musings about parallels between physics and Hinduism -**Democritus**

God Particle page 34



- The word Religion is made up of two words
- re-back
- Ligate-to bind
- Reconnect what to what?
- That we left behind or lost by being born.
- Which is the supreme power also part of all living/non living materials and energy.

<u>Comparison of Religions</u> <u>Eastern and Western</u>

- Way of life
- Open ended
- What is said, heard and practiced
- Personal preference
 and decision

- Organized
- Structured
- What is written in the book
- Do's and don'ts set by hierarchy



- A zillion dollar question!
- Conceptual model!
- Supreme power(?)
- Combination of four fundamental forces? Plus something more..(Capra)

I Comparison of PrinciplesHinduScience

- God (Ishwar) exists everywhere, in everything. (Meaning of 'Vishnu'- the one that has entered even an atom) Vish= to enter, anu = atom. God also doesn't have definite size, shape, material properties. (Is Nirgun, Nirakar)
- God may be defined as the combination of four fundamental forces gravitational, electromagnetic, strong and weak which exist even in an atom and plus something more.

II Comparison of PrinciplesHinduScience

- Trinity-
- Brahma (creator),
- Vishnu (protector)
- Mahesh (Shivadestroyer) controls the operation of universe.

Brahma, the creator, Vishnu, the protector and Shiva, the destroyer- are three separate forms of four fundamental forces combined together plus something more.

III Comparison of PrinciplesHinduScience

- Nothing is permanent. **Everything (Maya) is** destructible (Nashwar). Maya is manifestation of Brahman (Supreme power).
- Material and energy form go back and forth into each other. Material form 'Maya' the İS manifestation Of is and energy destructible.

Comparison of Principles Hindu

- living thing (animal kingdom-human being) is to escape the cycle of birth and death to achieve 'Moaksha' reunite with to supreme power. (Geeta)
 - from is escaping form material permanently into energy form.

V Comparison of PrinciplesHinduScience

- To achieve 'Moaksha' one has to conquer six enemies: anger, greed, lust, pride, jealousy and sorrow, which may be achieved by meditation. One needs to become 'detached' from life (Sthitapradnya) like a leaf of lotus, which may be accomplished by meditation. (Geeta)
- **Conquering six enemies** is rearranging forces in your body-mind to tune into the natural form of four fundamental forces plus more. Basically controlling the chemical balance in your brain. **Because every emotion** anger, e.g. sorrow, jealousy etc. has its own chemical formula as by proven neurobiologists.

VI Comparison of PrinciplesHinduScience

- Four Yogas (way of life): Jnyan yoga, Dhyan yoga, Bhakti yoga, Karma yoga, are four paths to reach God or achieve Moaksha.
- *Raaj* yoga is while pleasing all five senses, keeping desire out of it.
- Four Yogas are four ways one can achieve the chemical balance. (Jnyan yoga) Logicalusing brain, (Bhakti yoga) emotional using heart, Dhyan yoga psychological-using mind, (Karma yoga) physical practicesduty, service, rituals etc.

VII Comparison of PrinciplesHinduScience

One can not change destiny:

Prayers/rituals will only prepare you to face the reality. They may also provide the way to connect to the supreme being. Entropy-disorder from orderis inevitable. You may it decreased find locally on microscopic level but on macroscopic level it is always increasing.

VIII Comparison of PrinciplesHinduScience

- Good and bad are two sides of the same coin; one cannot eliminate bad completely.
 (Similar to yin-yang in Chinese culture)
- Science and technology are not at fault. It is the responsibility Of whoever is using it to use it for goodness of humanity. E.g. Nuclear power or stem cell research has good and bad sides.

IX Comparison of Principles Hindu Science

'Swadharma' (as described by Saint Dnyaneshwar) or personal duty can be a combination of four Yogas. Through practicing Swadharma one may seek Universal Unity. (Vishwa

 For any common person it is the combination of all four paths at any time, means using brain, heart, mind, and body.

Bandhutwa)

*



 Duty is the essence
 Motion is vital for of Hindu religion.
 existence.



- People do criticize and ask about caste system, vegetarianism, and worshiping idols of gods.
- Caste system is just a social structure for better functioning of society.
- Vegetarian diet came in to picture after Ahimsa adopted from Buddhism. You are what you eat or you are what you think!
- Any idol of god does not represent true 'Nirgun Nirakar' Brahman-they are simply models.

Evolution Vs. Creation

- Although both possibilities are addressed in original Vedas, evolution is followed through *dashavtars* (ten reincarnations) of Vishnu
- 1-fish- life in water
- 2-turtle-life in water and on land
- 3-bull-life on land
- 4-*nrusinha*-half man half animal (lion)
- 5- vaman-complete man

<u>Remaining five of the</u> <u>Da/havatar</u>

- 6-Parashuram (human)
- 7-Ram (human)
- 8-Krishna (human)
- 9-Buddha (human)
- 10-Kalaki (?)

<u>Models in</u> <u>Religion and Physics</u>

- Various Gods
- Ganesha-lowest energy-likes red colorlow frequency
- Vishnu-likes yellowmedium frequency
- Goddess-likes green color
- Shiva-highest energylikes blue or purple color-high frequency

- Various concepts such as
- Force
- Momentum
- Energy
- Potential
- Electric charge
- Field
- Flux



- Science/physics
- Evolution of brain
- Why ask why?

 Journey from Classical to Quantum to watered down physics

- Hindu religion
- Evolution of mind
- Upanishads are result of answers to question why?
- Vedas, Upanishads, Bhagavad-Gita and *Puranas*

<u>What and Why?</u>

 Factual - biology, - Philosophicalgeology, astronomy physics and chemistry partially

- Western religions
 Answers to what?
- Eastern religionsanswers to why?

Three Schools of Thought

- Cause and effect (Karma-fruit)
- Everything is pre determined-God doesn't play dice!
- Game of chances
- Reality

- Newtonian (European)
- Einsteinian (Eastern)
 (evolution)
- Heisenbergian (Native American)
- * Mixture of all

Effect of Religion on Science Education

- Teaching evolution or creation?
- Apathy or curiosity about science.
- Acceptance/non acceptance of scientific ideas, concepts.
- Choosing major or career.

• ?

<u>A BIG THANK YOU!</u>

- AAPT
- EAC
- AND ALL OF YOU!!

